GILPIN COUNTY

REC CONNECT

What's New?

NOW HIRING!

Guest Services Representative
Swim Instructor
Lifeguard
Recreation Generalist
Sports Official
For more info and to apply visit the Employment page on gilpincounty.org

Youth Soccer
Registration ends 8/15
Practices start soon!

Shelby Allen Memorial Volleyball Tournament
Saturday 9/25
Registration fees contribute to scholarship fund

Silver Sneakers, Renew Active and Silver & Fit now available

NOTICE

THE POOL HOURS ARE CHANGING STARTING 8/9

POOL HOURS

Monday/Wednesday
8:00am-12:00pm
closed 12:00pm-4:00pm
4:00pm-7:30pm

Friday
8:00am-5:30pm

Saturday
9:00am-3:30pm

NOW HIRING!

JOIN OUR PARKS & RECREATION TEAM!

GUEST SERVICES REPRESENTATIVE
SWIM INSTRUCTOR
LIFEGUARD
RECREATION GENERALIST
SPORTS OFFICIALS

FOR MORE INFO AND TO APPLY VISIT
HTTPS://WWW.GILPINCOUNTY.ORG/CMS/ONE.ASPX?PAGEID=11072346

GILPIN COUNTY
EST. 1861
COLORADO

Gilpin County Parks & Recreation

2021 Fall Youth SOCCER

AGES 5-13

Early Registraion July 15 - 31

$50 for first participant | $45 per sibling

Late Resitration August 1 - 15

$65 for first participant | $60 per sibling

Coaches NEEDED!
Coaches kids play free!

Practices will be held twice weekly and scheduled by the coaches after early registration.
Games will be played weekly on Saturday mornings beginning August 22nd!

HURRY!
Practice Starts Soon!

ONLINE REGISTRATION AT

https://gilpincountyrec.maxgalaxy.net/BrowseLeagues.aspx

MORE INFO CALL Steve Koehler (303) 582-1453

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1ST ANNUAL
SHELBY ALLEN MEMORIAL SCHOLARSHIP

VOLLEYBALL

TOURNAMENT

DONATE

REGISTRATION FEES CONTRIBUTE TO SCHOLARSHIP FUND
OTHER DONATIONS ARE ACCEPTED AT
WWW.SHELBYALLEN.ORG/

PLEASE CONTACT HOPE WEAVER FOR MORE DETAILS
HOPE.WEAVER3@GMAIL.COM

WIN

SPONSORSHIP PRIZES

SATURDAY, SEPT 25TH

Games Start at: 10AM

Stick around to remember Shelby and gather with friends and refreshments outside of the gym.

TOURNAMENT FORMAT:

- Double Elimination
- 4 Players per Team
- Must Have at Least 1 Female

REGISTRATON:

- $30 Per Team

To Register: GILPINCOUNTY.ORG, COMMUNITY CENTER PAGE

GILPIN COUNTY PARKS & RECREATION | 303.582.1453 | 250 NORTON DR.

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NOW ACCEPTING!!

Silver&Fit®
FITNESS LOCATION

SILVERSNEAKERS OFFERED HERE

heck out SilverSneakers classes.

SilverSneakers®

SilverSneakers.com

Renew Active
by UnitedHealthcare

Available here.

Stay fit.
Stay focused.
Stay you.

We are excited to be participating in Renew Active™, the gold standard in Medicare fitness programs for body and mind.

Independent Contractor Fitness & Clubs Schedule

Schedule is Subject to Change. Prices May Vary.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CLOSED		CLOSED		CLOSED		
	Hatha Yoga 9:30am-10:30am				Hatha Yoga 9:30am-10:30am	Fitness Yoga/Core 9:15am-10:15am (Starting 6/26/21)
	Pickleball Club 9:30am-11:30am		Pickleball Club 9:30am-11:30am			Pickleball Club 9:30am-11:30am
	Aquafit Club 9:30am-10:30am		Aquafit Club 9:30am-10:30am		Aquafit Club 9:30am-10:30am	Asana Practice/Stretching 9:30am-10:45am (4 week session 6/19/21)
	Senior Fit 11am-12pm				Senior Fit 11am-12pm	
	Cardio Dance 12:15pm-1pm		Raise the Barre 12:15pm-1pm		Fit 360 12:15pm-1pm	
	Aquafit Club 4:30pm-5:30pm		Aquafit Club 4:30pm-5:30pm		Aquafit Club 4:30pm-5:30pm	
	Asana Stretching 5:30pm-6:45pm		Asana Stretching 5:30pm-6:45pm			
	Taekwondo Club 6:30pm-7:30pm		Taekwondo Club 6:30pm-7:30pm			

Community Center 250 Norton Dr. Black Hawk, CO | 303.582.1453 | www.gilpincounty.org

FITNESS CLASSES WITH BECKIE DIMAURO

AUGUST SESSION

GILPIN COUNTY COMMUNITY CENTER

ALL CLASSES: 12:15 – 1:00 PM

FEE: $40/4 WEEK SESSION

AGES: 14+

CARDIO DANCE | MONDAYS | AUG 2 - AUG 23

DANCE ENGAGES MUSCLES YOU DID'NT EVEN KNOW YOU HAD, THERE'S LITERALLY NOWHERE ON YOUR BODY THAT IT WON'T IGNITE. THIS FAT-BURNING, CALORIE TORCHING WORKOUT NOT ONLY HAS AMAZING PHYSICAL BENEFITS IT HAS POSITIVE EFFECTS ON THE BRAIN!

CARDIO DANCE COMBINES TWO OF THE MOST POWERFUL MOOD ENHANCERS: PHYSICAL MOVEMENT AND THE SOUND OF MUSIC.COME JOIN US FOR THIS TO EASY TO FOLLOW BLAST OF A WORKOUT!

RAISE THE BARRE | WEDNESDAYS | AUG 4 - AUG 25

EXERCISES ARE HIGH INTENSITY YET LOW IMPACT. CHOREOGRAPHED TO FUN AND MOTIVATING MUSIC AND EMPHASIZE TONING THE LEGS AND BUTT, AS WELL AS STRENGTHENING THE CORE.

FIT360 | FRIDAYS | AUG 6 - AUG 27

THIS CLASS COMBINES ALL OF YOUR FAVORITE ASPECTS OF FITNESS AND PUTS THEM INTO ONE SOLID WORKOUT! DESIGNED TO HELP SHED THAT EXCESS FAT WHILE BUILDING STRENGTH AND ENDURANCE. CLASS INCLUDES CARDIO MOVES AND FULL BODY STRENGTHENING EXERCISES! ALL DONE TO FUN, MOTIVATING MUSIC! LOOKING FOR FAST RESULTS? THIS ONE IS FOR YOU!

PERSONAL TRAINING

LOCATION: GILPIN COUNTY COMMUNITY CENTER

DATE(S): CALL TO SCHEDULE 303-582-1453

FEE: $60/HOUR

AGES: 14+

Fire Fit
Optimal Wellness

Yoga With Linza

Hatha/Yin
Drop–In Class
Mondays & Fridays
9:30–10:30a
$7/class or $5/seniors 60+

Yoga with Linda

Fitness Yoga/Core
Drop–In Class
Saturdays
9:15–10:15a
$8/class or $5/seniors 60+

Yoga With Constance

Asana Stretching
Drop–In Class
Mondays & Wednesdays
5:30–6:45p
$9/class or $5/seniors 60+

YOGA CLASSES

at the Gilpin County Community Center