



REC CONNECT



NEXT FARMERS MARKET SATURDAY JULY 1ST!



LIVE
MUSIC!

2023 GILPIN COUNTY FARMERS MARKET

FACE
PAINTING!



FIRST SATURDAYS FROM 10-2

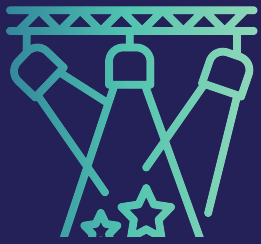
AT THE GILPIN COMMUNITY CENTER



250 NORTON DR. BLACK HAWK, CO 80422 CONNECT@THEHOLISTICHOMESTEAD.ORG



Rent Paddleboards, Camping Gear &
more today @ the Community Center!
alwayschooseadventures.org/gearlibrary



Staff Spotlight

Linza Douglas - Contract Instructor



"The programs I am currently teaching are Yoga and Senior Fit. Yoga is Hatha and Yin yoga and is geared to give the students an experience of working their bodies in a gentle manner, balancing and stretching out and relaxing. Senior Fit is a combination of Stretching, Weights (Strength Building) and Balance, and is geared to those of us over 60 in age. It is a really fun class and I see people progressing in their fitness levels.

I have been teaching Yoga through Parks & Recreation since 2000, before there was a Recreation Center Building, when classes were held at the Library and the Food Pantry Trailer.

The Community Center has made such a difference for so many of us- yoga students, children and families, maturing adults and people of all ages who want to work out and stay fit. It is a community hub, and really a social center, as well as a place to get and stay healthy. The Seniors are my favorites. They are dynamic, outgoing, friendly and committed to their health and well-being and just make teaching and exercising fun.

When I am not at the Community Center teaching or walking around the track, I enjoy my Community Gardening plot, hiking, reading, traveling, volunteering and occasional dancing. We are so fortunate to live in such a beautiful place, especially now that the sun has returned."

Mondays & Fridays 9:30-10:30am
HATHA YOGA WITH LINZA



\$7/ages 18-59 | \$5/seniors 60+

Senior Fit Class

Stretching & Strength Training

Mondays & Fridays 11:00am - 12:00pm

FREE for Gilpin Residents

\$3 drop in non-residents





Mon/Wed/Thurs 8:00-7:30

Friday 8:00-5:30

Saturday 9:00-3:30



pool

**summer
hours**

GILPIN COUNTY COMMUNITY CENTER

250 NORTON DR. BLACK HAWK, CO | 303.582.1453 | [HTTPS://GILPINCOUNTY.COLORADO.GOV/](https://gilpincounty.colorado.gov/)



12+

GILPIN COUNTY
PARKS & RECREATION

LET'S PLAY PICKLEBALL

• **MON/WED 8:30-11:30AM** •

• **THURSDAY 5:30-7:30PM** •

• **FRIDAY 1:00-4:00PM** •

• **SATURDAY 9:30-11:30AM** •

**SATURDAY IS
FAMILY TIME!
(ALL AGES)**

DROP IN RATES APPLY

COME JOIN US WEEKLY FOR A GREAT
WAY TO STAY FIT AND ACTIVE WHILE
ALSO HAVING FUN!

**THE FIRST 30 MINUTES OF
PICKLEBALL IS FOR
INSTRUCTING/PRACTICING.
NO GAMES WILL BE PLAYED
DURING THIS TIME
(EXCEPT THURSDAY)**

QUESTIONS? CONTACT US!



303-582-1453

Crobinson@gilpincounty.org

GILPINCOUNTY.COLORADO.GOV

250 NORTON DRIVE, BLACK HAWK, CO, 80422



BE BRAVE WITH CLAY...

SCULPTURE!

THURSDAY CLAY WITH GABBY

Experiment with combining techniques to create a sculptural piece (or 2 or 3?) over the course of our class. We will be playing with hand-building, carving away, and throwing all together. The goal of the class is to push your limits into trying something new for unexpected results.

We will talk about surface decorations before and after firing. All pieces will be once-fired in the gas kiln to cone 5, by the end of class.

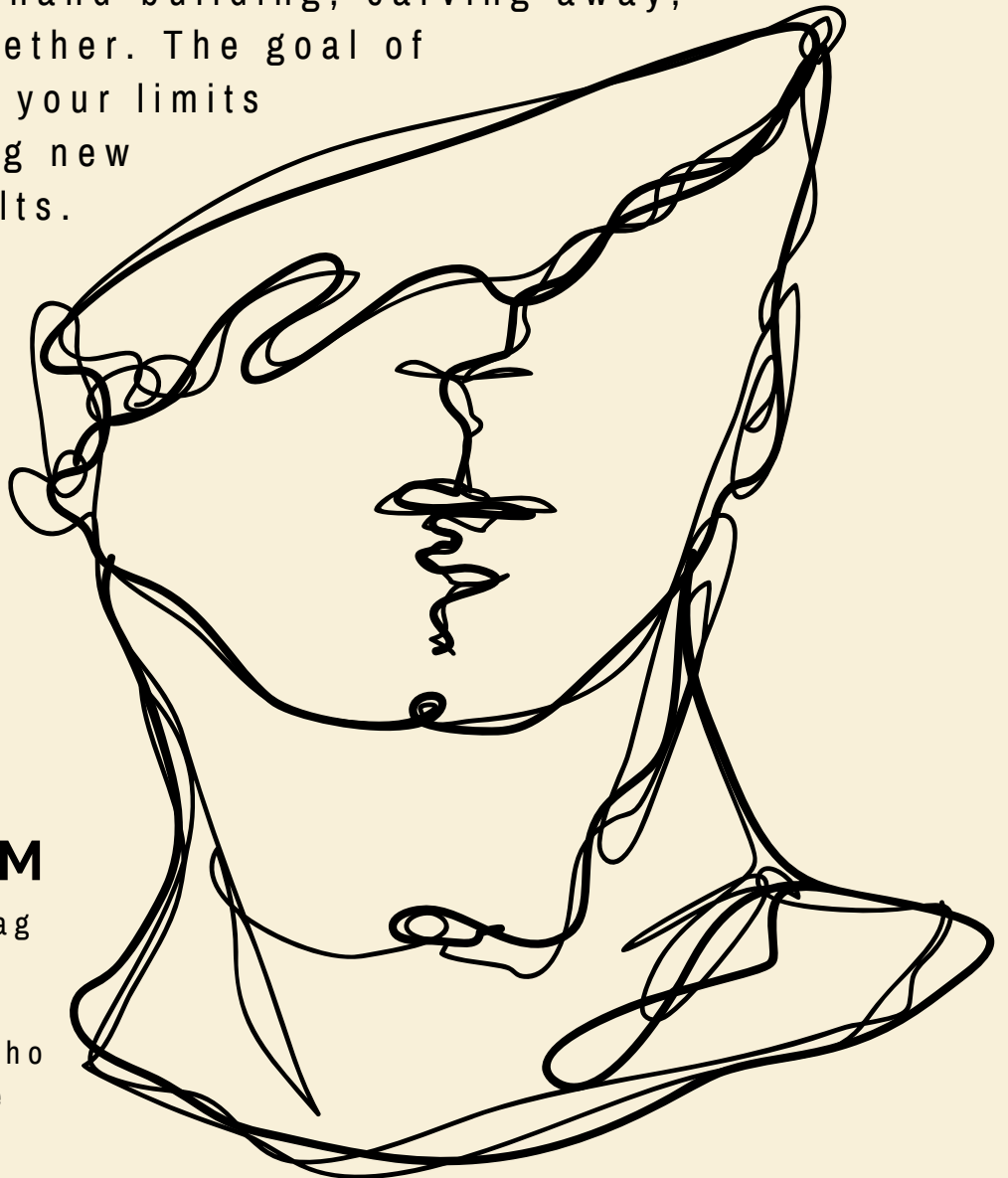
THURSDAYS

7/13 - 8/10

5:00 - 7:45PM

\$115 includes one bag of clay

*This class is for folks who have had clay experience



Gilpin County Community Center | 250 Norton Drive Black Hawk
303.582.1453 <https://gilpincounty.colorado.gov>



THE GILPIN COUNTY FAIR

Needs

Volunteers!



July
14th, 15th
& 16th

Email Krystal Meyer
kmeyer@gilpincounty.org

Volunteer "Meet'n'Greet"

June 29th, 2023 @3-5pm

@ the Community Center MPR

Join us for light drinks & charcuterie! We will go over duties, schedules & communication troubleshooting



Parks & Recreation



July 14-16, 2023

**Friday July 14th
Fair Kick-off!**

**Parade, 4-H Livestock Show
& Volleyball Tournament**



**Sat July 15th
& Sun July 16th
Full Fair Days**

**Booths, Rodeo, Horse Show,
Pancake Breakfast & MORE!**

