REC CONNECT

Gilpin County Fair Ambassador Scholarship

Deadline Extended Applications are now due January 27

For more info and to apply:

https://gilpin.extension.colostate.edu/programs/4-h/

FRIENDS OF GILPIN COUNTY COMMUNITY CENTER

Community Center

THE HEART OF GILPIN COUNTY

gilpincommunitycenter.org

Friends of the Gilpin County Community Center's "Heart of the Community" Fund supports residents in need with family punch cards for daily admissions, as well as scholarships for youth who need help to cover youth sports and classes

Staff Spotlight

Steve Schwettman

Contract Instructor - Taekwondo

"I lead the Taekwondo program at the community center, which I'm happy to say has an enrollment of approximately 14 students and growing. I train, along with my entire family, in multiple martial art and self-defense systems, so I can provide seminars in other areas of martial arts or self-defense if there is interest. I am also the Vice President of the Friends of Gilpin County Community Center, which is a volunteer support group that helps the Parks & Rec team plan events and make operational and budget decisions.

Since our neighborhoods are relatively spread out, I think it's important to have a common meeting ground. A place where we can come together with our neighbors, and our kids can have a safe place to meet up with friends who may live many miles away. I like having a wide range of activities at the center, so there's always something interesting we can participate in with our neighbors and friends to bring us all closer. The community center has been the place where my daughter has learned to swim, had her birthday parties, learns Taekwondo, learned dance and tumbling, and meets up with friends.

I probably have more hobbies than I can count, but among them are hiking, backpacking, snowboarding, mountain biking, rock climbing, astronomy, guitar playing, and restoring classic cars. But foremost, martial arts training provides the conditioning I need to continue doing all of these things in my later years of middle age."

TAEKWONDO WINTER '23 SESSION 1 (DROP-INS WELCOME)

MONDAYS 6:00 - 7:00PM | JANUARY 4TH - FEBRUARY 15TH

****NEXT SESSION BEGINS FEBRUARY 27TH!****

HIIT

IN THE NEW YEAR

Start the New Year off right by taking our new High Intensity Interval Training class with instructor Emily Palm!

- ***BURN FAT***
- ***BUILD MUSCLE***
- ***CREATE CONSISTENT HABITS***
- ***CHALLENGE YOUR BODY AND MIND***

ONLY $150

MONDAY'S FROM 5:30-6:15PM
STARTING ON 1/23
ENDS 2/27
(NO CLASS 2/6 OR 2/20)

5 SPOTS AVAILABLE!

303-582-1453

2023 SPRING SWIM LESSONS

SATURDAYS

- Baby Basics 9:15-9:45
- Level 1 9:50-10:20
- Level 2 10:25-10:55
- Level 3 11:00-11:30
- Level 4 11:35-12:05

Session: February 11th- March 25th
(No Class on March 4th)

THURSDAYS

- Level 1 4:30-5:00
- Level 2 5:05-5:35
- Level 3 5:40-6:10
- Level 4 6:15-6:45

Session 1: February 9th- March 16th
Session 2: April 13th- May 18th

SCAN FOR REGISTRATION

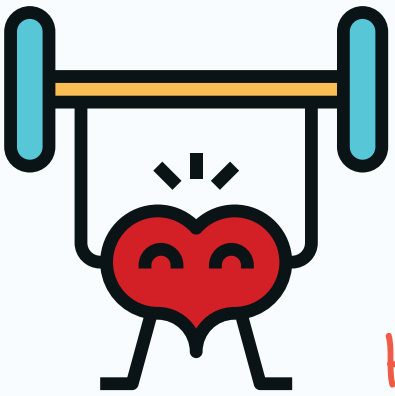
Fee: $42 Resident, $50 Non-Resident

Class Size: Min. 3, Max. 6

Register Online or at the Community Center

Gilpin County Parks & Recreation
250 Norton Dr. Black Hawk | 303-582-1453 | gilpincounty.colorado.gov

PARKS & RECREATION

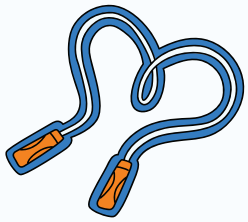


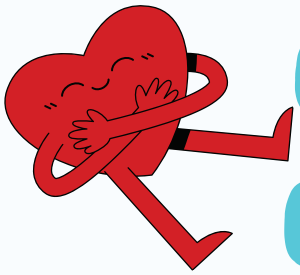
GET FIT!

Healthy Heart, Healthy You!

FEBRUARY 25, 2023

@THE COMMUNITY CENTER



THE  OF GILPIN COUNTY

FREE

ADMISSION FROM 10A-2P
FITNESS DEMONSTRATIONS
REFRESHMENTS

SPONSORED BY: FRIENDS OF GILPIN COUNTY COMMUNITY CENTER — Community Center — THE HEART OF GILPIN COUNTY

SCAN ME

FOR THE HEART FUND!

COMMUNITY CENTER | 250 NORTON DR. BLACK HAWK, CO 80422 | 303-582-1453

American Red Cross

LIFEGUARD TRAINING

American Red Cross Certification

This 3 Day Blended Training Includes CPR, AED, First Aid and Lifeguarding

Friday, March 3rd
4-8pm

Saturday, March 4th
9am-5pm

Sunday, March 5th
9am-5pm

Age: 15+ (for class) 16+ (employment)
Fee: $80/person (fee is waived for applicants)

Online and in-person class. Must complete online portion prior to in-person class. Must be able to swim 300m non-stop, tread water for 2 min, and retrieve brick from the bottom of the pool.

Register at the Community Center or Online
Already Lifeguard Certified? Apply Online
Questions? Contact Tabatha Oline toline@gilpincounty.org

Scan for Registration

GILPIN COUNTY PARKS & RECREATION
250 NORTON DRIVE BLACK HAWK | 303.582.1453 | GILPINCOUNTY.COLORADO.GOV

SCAN FOR MORE INFO!

VETERAN FLY ROD BUILDING CLASS

FREE for active duty military and veterans

JAN 2023 CLASS: SATURDAYS
JAN 14TH, 21ST, & 28TH 12:30PM-3:30PM

FEB 2023 CLASS: WEDNESDAYS
FEB 8TH, 15TH, & 22ND 5:00PM-8:00PM

MAR 2023 CLASS: SATURDAYS
MAR 4TH, 11TH, & 18TH 12:30PM-3:30PM

Participant must be able to attend all three class dates. Sign up by scanning the QR code above or email PBAbbateDenver@gmail.com

GILPIN COUNTY EST. 1861 COLORADO

Location:
Gilpin County
Community Center
250 Norton Dr.
Black Hawk 80422
(303)582-1453

PB ABBATE
RETURN TO BASE