

#### ANNUAL MAINTENANCE WEEK AT THE COMMUNITY CENTER

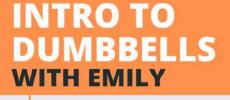
## **CLOSED**

**COMMUNITY CENTER 9/5/22 - 9/9/22** POOLS 9/5/22 - 9/14/22



**WE APOLOGIZE** FOR THE **INCONVENIENCE** 







Register online or at the Community Center







#### Staff Spotlight **Becca Dickson**

Youth Programs Leader



Becca has been helping to lead our youth camp since we reopened in 2021. She has provided a ton of new, creative ideas for kids' crafts and activities. She always comes with a positive, energetic attitude, and is exceptionally patient and compassionate with the kids.

Becca says "Parks and Rec is important to me because of the community and the good times. The youth program is a community in itself, but that community extends to the parents who need that support and everyone involved with the rec center. We look out for each other, our coworkers, the kids, their families, and other patrons of the rec center.

For recreation I like to have fun outside-skiing, hiking, rafting. I love some sunshine."

## Thank U

Thank you for your patience while our front entrance has been improved! This entrance will reopen on Monday morning - come check it out!

#### FITNESS CLASSES AND CLUBS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Hatha Yoga Class 9:30-10:30 \$7 reg / \$5 senior			Stitchers Club (Every 1st & 3rd Th) 9:00-4:00 included with pass / drop-in	Hatha Yoga Class 9:30-10:30 \$7 reg / \$5 senior	
	Pickleball Club 9:30-11:30 included with pass / drop-in		Pickleball Club 9:30-11:30 included with pass / drop-in			
	Aquafit Club 9:30-10:20 included with pass / drop in		Aquafit Club 9:30-10:30 included with pass / drop in		Aquafit Club 9:30-10:30 included with pass / drop in	
					Senior Fit 11:00 - 12:00 free for residents 60+, non-res \$3	
	Senior Fit 11:00 - 12:00 free for residents 60+, non-res \$3		Body Movement 5:30-6:45 \$7 reg / \$5 senior	Family Gym Time 12:30-3:00 included with pass / drop-in	Pickleball Club 2:00-4:00 included with pass / drop-in	
	<b>Taekwondo</b> 6:00 - 7:00 \$6 drop in		Taekwondo / Kinder Kix  6:00 - 7:00 \$6 drop in			

# SELF-DEFENSE SELF-DEFENSE WORKSHOPS Wednesdays third wednesdays

Spaces Are Limited, So Register Today!

TIME: 6PM - 7:30 PM

MINIMUM AGE: 12 YEARS

CHILDREN UNDER 12 MAY ATTEND OUR
TKD / KINDER KICKS CLASS

COST: \$12 FOR PARTICIPANTS \$6 FOR TKD / KINDER KICKS

JUNE 15 JULY 20 AUG 17 SEPT 21





@ GILPIN COUNTY COMMUNITY CENTER 250 NORTON DR | 303-582-1453 WWW.ALTITUDEMA.COM/SELF-DEFENSE

## rorounds Frenzi



September 10th, 2022 9:30am-4:30pm



nity Garden Celebration 9:30am

OPEN HOUSE AND HARVEST WITH OUR COMMUNITY GARDENERS

Shelby Allen Memorial Scholarship Volleyball Tournament 10am

\$40PER 4 PLAYER TEAM, DOUBLE ELIMINATION, @ PETE GONES MEMORIAL PARK IN THE GRASS



LOCAL VENDORS, LIVE MUSIC, AND MORE!

Shred-A-Thon 10am-12

GILPIN COUNTY RESIDENTS HAVE YOUR DOCS SHREDDED, 3 BANKERS BOXES FOR FREE!





Buck for the Badge 12-4pm

BULL RIDING, RANCH BRONC RIDING, \$5 ENTRY BENEFITTING FIRST RESPONDERS

Now Accepting Booth **Applications** 

Gilpin County Parks & Recreation

250 Norton Drive Black Hawk | 303.582.1453 | gilpincounty.colorado.gov



SHELBY ALLEN MEMORIAL SCHOLARSHIP

## OLLEYBAL TOURNAMENT

REGISTRATION FEES CONTRIBUTE TO SCHOLARSHIP FUND OTHER DONATIONS ARE ACCEPTED AT WWW.SHELBYALLEN.ORG

> PLEASE CONTACT HOPE WEAVER FOR MORE DETAILS HOPE.WEAVER3@GMAIL.COM

MIN

SPONSORSHIP PRIZES

### SATURDAY 9/10/2022

Games Start at: 10AM **Outside at Pete Gones** Memorial Park

Stick around to remember Shelby and gather with friends and refreshments.

#### TOURNAMENT FORMAT:

- Double Elimination
- 4 Players per Team
- Must Have at Least 1 Female
- Played on Grass at Pete Gones Memorial Park

#### REGISTRATON:

- \$40 Per Team

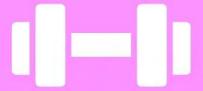
To Register: GILPINCOUNTY.COLORADO.GOV PER PAGE

GILPIN COUNTY PARKS & RECREATION | 303.582.1453 | 250 NORTON DR.

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## PERSONAL TRAINING WITH EMILY

**Starting 8/8/22!** 





INDIVIDUAL \$75/HR SMALL GROUP \$120/HR

LOCATION: COMMUNITY CENTER LEVEL: BEGINNER TO ADVANCED

CALL 303.582.1453 TO SCHEDULE A SESSION Expert Instruction &

Efficient Exercise **③** 

Get Fitness Goals &

Gilpin County Parks & Recreation 250 Norton Drive Black Hawk | 303.582.1453 | gilpincounty.colorado.gov

# INTRO TO DUMBBELLS WITH EMILY





Register online or at the Community Center



Class location: Fitness Studio/Cardio Hall

Class date(s): Mondays – 9/12/22 - 10/3/22

Class time: 5:30pm-6:15pm

Class min/max: 2-5

Fee: \$150/ 4 week session

Ages: 14+

Level of experience: Beginner to intermediate

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