

PROCLAMATION

MAY IS MENTAL HEALTH MONTH - MAY 2022

WHEREAS, good mental health is essential to the overall health and emotional wellbeing of all children, youth, adults and families; and promotes a healthy community; and

WHEREAS, one in five people in our communities experience a mental health condition each year; and

WHEREAS, 8.1% of individuals in our communities experience substance use disorder each year; and

WHEREAS, increased focus on the prevention of mental health conditions and substance use disorders among children and adolescents through screening and early intervention helps improve lives; and

WHEREAS, the stigma against mental health conditions and substance use disorders prevents many people from accessing care; and

WHEREAS, when mental health problems and substance use disorders are detected early and treated, people can recover and maintain a healthy and independent life; and

WHEREAS, Gilpin County is dedicated to improving the health and wellbeing of its citizens by ending stigma and focusing on the integrated role of mental health in all our lives,

THEREFORE, we, the Gilpin County Commissioners, do hereby proclaim May 2022 as Mental Health Month and call upon all citizens, government agencies, public and private institutions, businesses, and schools to recommit our communities and resources to increasing awareness and understanding of mental health, providing appropriate and accessible services for all citizens, and making mental health a priority.

Chair Sandy Hollingsworth

Commissioner Linda Isenhardt

Commissioner Web Sill