Colorado Crisis Services

24/7/365 Crisis Line: 1-844-493-TALK (8255)

www.coloradocrisisservices.org

Provides support line for anyone affected by a mental health, substance use or emotional crisis. All calls are connected to a mental health professional, who will provide immediate support and connections to further resources.

Walk-in crisis service/stabilization units are open 24/7, and offer confidential, in-person crisis support, information and referrals to anyone in need. If you need in-person assistance, or are helping others with a crisis, you can always visit a walk-in crisis services location. Some locations provide crisis beds for 1-5 days, for either voluntary or involuntary treatment.

2-1-1 Colorado: Connects families and individuals to social and community resources. Visit www.211.org for assistance or simply dial 211.

Suicide and Crisis Lifeline: Dial 988

CBI 24 Hour Identity Theft & Fraud Hotline:

1-855-443-3489 (toll free)

Domestic Violence Resources

Porchlight Family Justice Center – Lakewood 303-271-6100

https://www.porchlightfjc.org

Family Tree – Lakewood 303-462-1060 www.thefamilytree.org

Mountain Resource Center – Conifer 303-838-7552

www.mrcco.org

Colorado Organization for Victim Assistance (COVA) 303-861-1265 www.coloradocrimevictims.org

Violence Free Colorado - 303-831-9632 www.violencefreecolorado.org

Project Safeguard – Justice and Safety Lawyers for Victims Program 303-219-7049 www.psghelps.org

Blue Bench - Sexual Assault Advocacy Denver Office: 303-329-9922 24/7 Hotline: 303-322-7273

www.thebluebench.org





Gilpin County Victim Services

It is the mission of Gilpin County Victim Services Office to provide 24/7 quality, timely, and effective crisis intervention and referral to identified victims of crime and/or trauma within Gilpin County.

Gilpin County Victim Services Location:

Gilpin County Justice Center 2960 Dory Hill Road, Suite 300 Black Hawk, CO 80422

Phone: 303-582-5926

Office Hours: M-F 8:00 a.m. to 5:00 p.m. Emergency After Hours Contact: Contact dispatch at 303-582-5500 and request the on-

call advocate.

Gilpin County Resources:

Gilpin County Sheriff's Office: 303-582-5926 Gilpin County Dispatch: 303-582-5500 Gilpin County Jail: 303-582-3576

Black Hawk Police Department: 303-582-0503

Black Hawk Dispatch: 303-582-5878

Gilpin County Combined Courts: 303-582-5522 1st Judicial (Gilpin and Jefferson Counties) District Attorney's Office: 303-271-6800 Gilpin County Human Services: 303-582-5444



PLAN FOR YOUR SAFETY

Safety in the Moment

- Determine who you would call for help in a violent situation. Memorize or store phone numbers for trusted persons (friends, relatives, and/or neighbors) in a safe accessible place.
- Create an alert signal/word for trusted persons to notify them to call police. Ask trusted persons to call 911 if they hear a disturbance coming from your home.
- If offender has a key to your home, change or add locks as soon as possible. Ensure all windows remained locked.
- Identify which doors and windows would be best to exit your home safely and quickly.
 Practice exiting your home via those routes.
- Plan where you will go if you leave your home in an emergency situation.
- Have a packed bag ready. Keep it in a secret but accessible place so you can leave quickly with items you need.
- Make copies of all important documents (birth certificates, driver's license, passport, medical records, work permit, VISA, & social security card) and store in safe place.

- Avoid rooms with no exits (bathrooms or closets) and rooms with weapons (kitchen).
- Know that you can call 911 and leave the phone line open, if you are unable to speak.

Safety with a Protective Order

- Protection orders do not guarantee safety, but can be a deterrent as there are consequences for the offender if the protection order is violated.
- Make extra copies of the protection order and share with schools, work, friends, and keep a copy on you at all times.
- Screen calls. Keep a record of all contact an offender makes, such a phone calls, text messages, voice mails, and emails. Report all violations to law enforcement and turn in all documentation of the violation.
- Protection orders are valid in other towns and states.

Safety on the Job and in Public

- Change routine routes frequently.
- Provide your employer or Human Resources
 Manager with a copy of the protection
 order and/or a current picture of the
 offender.
- Request an escort to and from your transportation. Create a plan for what you would do if the offender does present him/herself.
- Identify which exits are safest and quickest.
- Discuss safety strategies with trusted coworker and incoming calls screened.
- Be aware of your surroundings. Walk in well lit public areas. Have keys ready before arriving at door or car.
- Keep cell phone on you at all times.

Safety with Children

- Keep children's daycare/school permission to pick up list current.
- When children are old enough teach the use of calling 911. Practice rehearsing name, address, relaying what their emergency is, and identifying landmarks surrounding them if in an unknown location.
- Teach children not to get in the middle of a fight even if they think they are helping.

Safety with Technology

- Be aware of who knows your passwords or how to access your passwords.
- Create a different password for each of your online accounts (phone/digital device, banking, social media, TV, email, etc.).
- Use a combination of symbols, numbers, capital letters, and lower-case letters.
- Don't use passwords that can be easily guessed. Use two-step verification and challenge questions when possible when setting up accounts.
- Make home wifi connection password protected.
- Is your digital device (phone or tablet) part of a family or shared plan offered through a carrier such as Verizon, Sprint, AT&T, or T-Mobile? Who has access to that account?
- Turn location services turned off.
- Examine all apps on digital device and make sure you know all the apps loaded onto the device. If not, then delete app.
- Consider getting an alternative digital device (different carrier or pre-paid) if tracking is a concern.