



February 2023

Monday	Tuesday	Weds.	Thursday	Friday
		1 Lunch @ 12:15 Social Time	2 Grocery Shopping Bergen Park King Soopers	3 Free Senior Fit Exercise Class 11AM Lunch @ 12:15 Free Bingo
6 Free Senior Fit Exercise Class 11AM	7	8 Lunch @ 12:15 Free Bingo	9 Grocery Shopping Bergen Park Wal-Mart	10 Free Senior Fit Exercise Class 11AM Lunch @ 12:15 Social Time
13 Free Senior Fit Exercise Class 11AM		15 Live Music Lunch @ 12:15 Birthday Party Foot Clinic 10-12 RSVP	16 Grocery Shopping Bergen Park King Soopers	17 Free Senior Fit Exercise Class 11AM Lunch @ 12:15 Social Time
20 Closed 	21 Field Trip Infinity Theatre Formally IMAX Serengeti RSVP by 2/15/23	22 Blood pressure Clinic 11:30 Lunch @ 12:15 Free Bingo	23 Grocery Shopping Bergen Park Wal-Mart	24 Free Senior Fit Exercise Class 11AM Lunch @ 12:15 Social Time
27 Free Senior Fit Exercise Class 11AM	28			

Rides to Lunch, Events and Medical Appointments are available to Gilpin County Seniors
 Please call Direct # 303-515-4292 for reservations.