

**PROCLAMATION  
IN SUPPORT OF  
MENTAL HEALTH MONTH IN GILPIN COUNTY, COLORADO - MAY 2024**

**WHEREAS**, good mental health is essential to the overall health and emotional well-being of all children, youth, adults and families; and promotes a healthy community; and

**WHEREAS**, nearly one in four people in our communities experience a mental health condition each year; and

**WHEREAS**, more than 17% of individuals in our communities' experience substance use disorder each year including alcohol and drug use; and

**WHEREAS**, the lack of awareness of where to seek support, and stigma against mental health conditions and substance use disorders prevents many people from accessing care; and

**WHEREAS**, when mental health problems and substance use disorders are detected early and treated, people can recover and maintain a healthy and independent life; and

**WHEREAS**, increased focus on the prevention of mental health conditions and substance use disorders among children, adolescents, and adults through screening and early intervention helps reduce suffering and improve lives, and

**WHEREAS**, it is imperative that all members of our community, irrespective of age, gender expression, sexual identification, race, culture, ethnic background, education, or economic status, have equitable access to essential care, support, and services for mental health and substance use conditions; and

**WHEREAS**, the County of Gilpin is dedicated to improving the health and well-being of its residents and employees by increasing awareness, ending stigma, and focusing on the integral role of mental health in all our lives,

**NOW THEREFORE, BE IT RESOLVED**, that the Gilpin County Board of County Commissioners, do hereby proclaim the month of May, 2024, as Mental Health Month, and call upon all residents, government agencies, public and private institutions, businesses, and schools to recommit our communities and resources to increasing awareness and understanding of mental health, providing appropriate and accessible services for all residents, and making mental health a priority.

**ADOPTED** this 30th day of April, 2024.

**ATTEST:** Lyndsey Denton, Clerk to the Board

**SIGNED, BOARD OF COUNTY COMMISSIONERS, COUNTY OF GILPIN, COLORADO:**

Susan, Berumen, Chair

Marie A. Mornis, Commissioner

Sandy Hollingsworth, Commissioner

Signed copy is available from the Clerk by request.